



### Testimonials

#### Judy M.

Without a doubt, hands down, ADAAP is the finest IOP rehab in all of Austin! Their staff is first class & their curriculum provides clients the tools to deal with their recovery & relapse prevention! ADAAP counselors help participants to openly examine themselves & their life choices, so they can be healed! *I thoroughly recommend this awesome place!*

#### Tiffany M. » (2014 ADAAP IOP Graduate)

This program definitely works. It helped me not only how to stay sober but to want to stay sober. Hearing everyone gave me an insight as to where I want to be.



### WHAT'S GOING ON AT ADAAP

March » May, 2018

#### ONGOING PROGRAMS

##### IOP 6 WEEKS (10 HRS/WEEK)

DAYS M, Tu, W 9:30 am-1:00 pm  
NIGHTS Tu, W, Th 6:00 pm-9:30 pm  
WEEKENDS Sat & Sun 9:00 am-2:00 pm

##### RIOP - 8 WEEKS

##### AFTERCARE (1 HR/SESSION)

Wed 10:30am, Thu 6:00pm & Sat Noon

##### INTAKES

Monday - Friday 10:00 am - 4:00 pm  
(weekends as needed)

##### DRUG & ALCOHOL URINALYSIS

Current Clients \$50.00

##### DOT Drug & Alcohol Assessment

Monday - Friday 9:30 am - 4:00 pm  
(Or by appointment)

### UPCOMING CLASS SCHEDULES

#### DWI (12 HR) 1ST TIME OFFENDERS \$70

Supervised by Nicki Davey Since 2002  
512-422-1370 or [Austin Education Services.com](http://AustinEducationServices.com)

#### WEEKEND 03/23 - 03/25/2018

|   |                  |
|---|------------------|
| Friday, 03/23/18                        | 6:30pm - 10:30pm |
| <i>* Arrive by 6:15pm for paperwork</i> |                  |
| Saturday, 03/24/18                      | 2:00pm - 6:00pm  |



**ADAAP**  
**7801 North Lamar**  
**Bldg D #109**  
**Austin, TX 78752**  
**512-454-8180**



### I'm A Pretty Girl!

When Sophia was 2 years old, she loved to pretend she was a doctor, wearing a physician's coat & toy stethoscope around her neck, all day long. Her Mother, Brandi, promised once Dr. Sophia graduated from diapers to the big girl potty, she'd be rewarded with something special from Target.

After successfully completing her potty training, Sophia & Brandi drove to Target, where the 2 year old meticulously inspected each & every doll on the toy aisles. Finally, Sophia selected the physician doll, a beautiful, black female doctor outfitted with a stethoscope, in a crisp, white lab coat.

The Target checkout clerk said, "Are you sure this is the doll you want, honey? She doesn't look like you. We have lots of other dolls that look more like you." It made no difference to Sophia, that the figurine was Black, unlike her Caucasian ethnicity. And she quickly replied:

***"She DOES look like me. She's a doctor; I'm a doctor. She's a pretty girl; I'm a pretty girl."***

Brandi, her mother said "This experience confirmed my belief that we aren't born with the idea that color matters. Skin comes in different colors, just like hair & eyes, & every shade is beautiful!"

This went viral on the internet!



### A Letter Written From A Client In Jail

I love y'all & miss y'all. I never thought I'd miss an outpatient rehab place like I do, let alone the people that work in it. But to me, it feels like my family has just grown that much more. I've never been around so much unconditional love in my life, expressed by so many people at one place.

I never dreamed that attending my (probation officer enforced) 4 hour long outpatient rehab sessions, 3 times weekly, would end up being the highlight of each week! Who'd

|                  |                 |
|------------------|-----------------|
| Sunday, 03/25/18 | 2:00pm - 6:30pm |
|------------------|-----------------|

**WEEKEND 04/06 - 04/08/2018**

|   |                  |
|---|------------------|
| Friday, 04/06/18                        | 6:30pm - 10:30pm |
| <i>* Arrive by 6:15pm for paperwork</i> |                  |
| Saturday, 04/07/18                      | 2:00pm - 6:00pm  |
| Sunday, 04/08/18                        | 2:00pm - 6:30pm  |

**WEEKEND 04/20 - 04/22/2018**

|   |                  |
|---|------------------|
| Friday, 04/20/18                        | 6:30pm - 10:30pm |
| <i>* Arrive by 6:15pm for paperwork</i> |                  |
| Saturday, 04/21/18                      | 2:00pm - 6:00pm  |
| Sunday, 04/22/18                        | 2:00pm - 6:30pm  |

**WEEKDAY 04/24 - 04/26/2018**

|   |                  |
|---|------------------|
| Friday, 04/24/18                        | 10:00am - 2:00pm |
| <i>* Arrive by 9:45am for paperwork</i> |                  |
| Saturday, 04/25/18                      | 10:00am - 2:00pm |
| Sunday, 04/26/18                        | 10:00am - 2:30pm |

**WEEKEND 05/04 - 05/06/2018**

|   |                  |
|---|------------------|
| Friday, 05/04/18                        | 6:30pm - 10:30pm |
| <i>* Arrive by 6:15pm for paperwork</i> |                  |
| Saturday, 05/05/18                      | 2:00pm - 6:00pm  |
| Sunday, 05/06/18                        | 2:00pm - 6:30pm  |

**WEEKEND 05/18 - 05/20/2018**

|   |                  |
|---|------------------|
| Friday, 05/18/18                        | 6:30pm - 10:30pm |
| <i>* Arrive by 6:15pm for paperwork</i> |                  |
| Saturday, 05/19/18                      | 2:00pm - 6:00pm  |
| Sunday, 05/20/18                        | 2:00pm - 6:30pm  |

**Drug Offender Education Program**

**ADAAP 15 Hour DOEP \$90**

|                   |  |   |
|-------------------|--|---|
| March 13th » 17th | Tues-Friday 6 - 9:00pm + Saturday 1 - 4:00pm |  |
| March 26th » 30th | Mon-Friday 6:00 - 9:00pm                     |  |
| April 2nd » 6th   | Mon-Friday 6:00 - 9:00pm                     |  |
| May 7th » 11th    | Mon-Friday 6:00 - 9:00pm                     |  |
| May 21st » 25th   | Mon-Friday 6:00 - 9:00pm                     |  |

**DWI Intervention Program**

**ADAAP 8 Week DIN (32 hrs) \$200**

|                             |                                    |                            |
|-----------------------------|------------------------------------|----------------------------|
| March 20th » May 10th, 2018 | Tuesdays & Thursdays 3:00 - 5:00pm | ★ <i>Class Maximum: 15</i> |
| April 2nd » May 23rd, 2018  | Mondays & Wednesdays 3:00 - 5:00pm | ★ <i>Class Maximum: 15</i> |
| May 15th » July 5th, 2018   | Tuesdays & Thursdays 1:00 - 3:00pm | ★ <i>Class Maximum: 15</i> |

believe, I'd spend Sunday nights, anticipating my Monday morning IOP at ADAAP! But I did, & it's all because of the ADAAP counseling staff.

I thank God for putting y'all in my life & I feel like HE has put it on my heart to write ADAAP a letter to show my gratitude & appreciation for all the loving, the caring & the compassion EVERY staff member has shown me every time I walked through those doors. God has blessed me with some amazing people this past year, & the ADAAP staff is part of those people. So again thank you for who y'all are, for all that you have done & for all that y'all are doing. I love y'all.

No need to worry about me. Yes, I'm in jail & yes it sucks, but the facts are...I'm sober. I'm like the personal trainer in my cell. I'm reading like a nerd & I'm writing like I'm an English major at the University of Texas (hook 'em).

What I'm saying is that EVERY day I'm getting stronger, physically & mentally. Unfortunately yet fortunately, I'm right where I'm supposed to be. Well y'all keep doing what y'all are doing & I will write y'all more to update y'all & I will see y'all in roughly a year! Take care!



**The Four Principles of Spiritual Recovery**

**1st Principle** *"Whomsoever you encounter is the right one."*

This means that no one comes into our life by chance. Everyone who is around us, anyone with whom we interact, represents something, whether to teach us something or to help us improve a current situation.

**2nd Principle** *"Whatever happened is the only thing that could have happened."*

Nothing, absolutely nothing of that which we experience could have been any other way. Not even in the least important detail. There is no: "If only I had done that differently, then it would have been different." What happened is the only thing that could have taken place for us to learn our lesson in order to move forward. Every single situation in life which we encounter is absolutely perfect even when it defies our understanding & our ego.

**3rd Principle** *"Each moment in which something begins is the right moment."*

Everything begins at exactly the right moment, neither earlier nor later. When we are ready for it, for that something new in our life, it is there, ready to begin.

**4th Principle** *"What is over, is over."*

It's that simple. When something in our life ends, it helps our evolution. That is why, enriched by the recent experience, it is better to let go & move on. I think it is no coincidence that you're here reading this. If these words strike a chord, it is because you meet the requirements & understand that not one single snowflake falls accidentally in the wrong place.

**Be good to yourself. Love with your whole being. Always be happy.**



[Click Here To Get Started](#)

**Never forget you are an amazing, powerful, brilliant, awesome, unique Divine creation! There is no one else like you or ever has been like you in all of history! Now go forth & spread the Love of God today!**

**HAVE A RECOVERY-FILLED (& THANKFUL) DAY!!**

