



Testimonials

Clayton B. » (2014 ADAAP IOP Graduate)

I was so impressed with how loving & caring everyone was. I could open up & be honest without being judged. I could be myself. I felt nothing but caring & acceptance. Dan Davey's advice really helped me. He told me to listen & stop talking! I was so surprised at what I learned.

Amanda A.

This program helped me to look at the parts of my life I was ignoring & refused to see. Once I recognized & accepted these situations, I started doing the healing & recovery work!

Thank you ADAAP.

Tamra F. » (ADAAP IOP Graduate)

I was scared when I first started ADAAP's Intensive Out Patient Program. I had always thought that I could handle anything, & certainly could handle THIS! I learned that I wasn't really different. It came to me that these people in IOP were telling MY story. This eventually opened my eyes & sent me back to AA. I had been so focused on my case & its legalities, I couldn't think about anything else. One day a fellow student said he had two tracks to his life: one was his court case & then the other track was his IOP. He had no power over the courts but he did have power over himself. I learned that just because an event happens, it doesn't have to have a bad result. What's important is how I react to the event. I am currently very active in my home group. One of the greatest things that happened to me during the program was that I gained the courage to end my codependent relationship.

Ernest

This program has been very therapeutic. Frank is an amazing counselor, very understanding & gives us lots of information. My peers have really been supportive. Frank made the group very comfortable, we could talk about everything without judgment.

Savion

This program is good. People are easy to get along with, being together in staying sober. I've been working out more (taking care of my body) & actually *spending more time with my family!*

John S.

I don't think I could have done it without coming here. At the beginning I was nervous & didn't know what to expect. I was immediately made to feel welcome. After a couple of weeks I began to look forward to coming here each week & not only making more & more progress, but seeing the progress made by everyone. We could relate on so many levels, not only substance abuse, but legal issues as well. I repeat, 'I don't think I could have done it without coming here!'



ADAAP
7801 North Lamar
Bldg D #109
Austin, TX 78752
512-454-8180



Will It Matter In 5 Years?

by Rev. Suellen Miller

I am feeling very introspective this morning. The question is, "Does it matter?" Not, "Do I matter?" I know that I do. But does "it" matter, whatever the situation is? Five years from now, will the choice I make today make a difference?

The answer is, "Sometimes." How I treat people matters. Just one kind word or one criticism can have an effect on someone else's life way beyond what I can even imagine. What I wear today does not usually make a difference. (I say usually because it is possible to wear something that would cause a problem.) Those new shoes that I think I need to have today won't even be remembered in five years. My words & my thoughts about myself & others have the ability to change my life, so they definitely matter.

The best answer I believe is to come from a place of love. When I love myself, I treat myself well. When I love myself, I think positive thoughts. When I love myself, it is easy to love YOU. In fact, it is often easier to love you than to love me. (I have this little critic in my head that tells me all the bad stuff about me... "You don't know what you're doing... you can't do it... you don't have enough time..." You get the idea. I am learning to ignore the critic.

When I come from a place of loving you, my interactions with you are sweeter & both our lives are enriched. My challenge to you is to love everybody in your life today... even the "bad" drivers & the "obnoxious" politicians. (Bad & obnoxious are words my critic would use... perhaps "less skilled" would be a better way to put it.) And aren't we all less-skilled in something?



I Love Myself, the Way I Am!

by Jai Josefs

I love myself the way I am, there's nothing I need to change I'll always be the perfect me; there's nothing to re-arrange. I'm beautiful & capable of being the best me I can



WHAT'S GOING ON AT ADAAP

May, 2019

ONGOING PROGRAMS

IOP 6 WEEKS (10 HRS/WEEK)

DAYS M, Tu, W 9:30 am-1:00 pm
NIGHTS Tu, W, Th 6:00 pm-9:30 pm
WEEKENDS Sat & Sun 9:00 am-2:00 pm

RIOP - 8 WEEKS

AFTERCARE (1 HR/SESSION)

Wed 10:30am, Thu 6:00pm & Sat Noon

INTAKES

Monday - Friday 10:00 am - 4:00 pm
(weekends as needed)

DRUG & ALCOHOL URINALYSIS

Current Clients \$50.00

DOT Drug & Alcohol Assessment

Monday - Friday 9:30 am - 4:00 pm
(Or by appointment)

UPCOMING CLASS SCHEDULES

DWI (12 HR) 1ST TIME OFFENDERS \$70

Supervised by Nicki Davey Since 2002
512-422-1370 or Austin Education Services.com

WEEKDAYS 05/07 - 05/09/2019

Tuesday, 05/07/19	10:00am - 2:00pm
<i>* Arrive 9:45am to complete paperwork</i>	
Wednesday, 05/08/19	10:00am - 2:00pm
Thursday, 05/09/19	10:00am - 2:30pm

WEEKEND 05/03 - 05/05/2019

Friday, 05/03/19	6:30pm - 10:30pm
<i>* Arrive by 6:15pm for paperwork</i>	
Saturday, 05/04/19	2:00pm - 6:00pm
Sunday, 05/05/19	2:00pm - 6:30pm

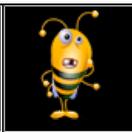
WEEKEND 05/17 - 05/19/2019

Friday, 05/17/19	6:30pm - 10:30pm
<i>* Arrive by 6:15pm for paperwork</i>	
Saturday, 05/18/19	2:00pm - 6:00pm
Sunday, 05/19/19	2:00pm - 6:30pm

Drug Offender Education Program

ADAAP 15 Hour DOEP \$90

TO BE DETERMINED...



DWI Intervention Program

I love myself, just the way I am!

I love you the way you are, there's nothing you need to do
When I feel love inside myself, it's easy to love you!
Behind your fears, your rage & tears,
I see your shining star.

And I love you, just the way you are.

I love the world the way it is, 'cause I can clearly see,
That all the things I judge are done by people just like me.
So till the birth of peace on earth, that only love can bring
I'll help it grow, by loving everything!
I love myself the way I am, but still I want to grow,
'Cuz change outside can only come when deep inside I know,
I'm beautiful & capable of being the best me I can

I love myself, just the way I am!



The Soul In the Glass

by Jack Kornfield

When you get what you want in your struggle for self
And the world makes you king for a day
Just go to a mirror & look at yourself,
And see what THAT soul has to say.

For is isn't your father or mother or wife
Whose judgment upon you must pass;
The person whose verdict counts most in your life
Is the one staring back from the glass.

Some people may think you a straight-shootin' chum
And call you brilliant & wise.
But the soul in the glass says you're only a bum
If you can't look them straight in the eyes.

They're the person to please, never mind all the rest
For they're with you clear up to the end.
And you've passed your most dangerous, difficult test
If the soul in the glass is your friend.

You may fool the whole world down the pathway of years
And get pats on the back as you pass.
But your final reward will be heartaches & tears
If you've cheated the soul in the glass.

In the end, just three things matter:
How well we have lived;
how well we have loved;
how well we have learned to let go.



Our Thoughts Have A Ripple Effect. That's How We Change The World! Change Your Thinking! Change Your Life!



Be good to yourself. Love with your whole being. Always be happy.

HAVE A SAFE & SOBER LIFE!
[Click Here To Get Started](#)

Never forget you are an amazing, powerful, brilliant, awesome, unique Divine creation! There is no one else like you, or ever has been like you, in all of history! Now go forth & spread the Love of God today!

ADAAP 8 Week DIN (32 hrs) \$200

TO BE DETERMINED...

