



## Testimonials

### Tamra F.

#### ADAAP Intensive Out Patient Graduate

When I started at ADAAP, I was nervous. Although I felt I could handle almost anything, I learned quickly that my mistakes were no different than my classmates'. It was like they were telling MY STORY. I'd become so focused on legal problems, I ignored everything else. When a fellow student explained his own self epiphany, I realized that bad events do happen, & what's important is your reaction. ADAAP's program gave me the courage to end my heinous, co-dependents relationship, & I'm currently very active in my home group.

### Judy M.

Without a doubt, hands down, ADAAP is the finest IOP rehab in all of Austin! Their staff is first class & their curriculum provides clients the tools to deal with their recovery & relapse prevention! ADAAP counselors help participants to openly examine themselves & their life choices, so they can be healed! *I thoroughly recommend this awesome place!*

### Amy M.

Ten years ago this month I reached out to ADAAP for help with my problem with Alcohol. My ADAAP counselor took a very personal approach. She challenged me to get sober & encouraged me when I felt overwhelmed. ADAAP was instrumental in my facing & understanding my disease. I've had over a decade of sobriety, largely because of the support, guidance & first steps I got from the staff at ADAAP!

### Amanda A.

This program helped me to look at the parts of my life I was ignoring & refused to see. Once I recognized & accepted these situations, I started doing the healing & recovery work!  
*Thank you ADAAP.*

### John S.

At the beginning I was nervous & didn't know what to expect. I was immediately made to feel welcome. After a couple of weeks I began to look forward to coming here each week & not only making more & more progress, but seeing the progress made by everyone. We could relate on so many levels, not only substance abuse, but legal issues as well.



**Free HEP C Testing**  
**11:00 AM - 2:00 PM**

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**Upcoming Dates:**  
**August 5th**

**ADAAP**  
**7801 North Lamar**  
**Bldg D #109**  
**Austin, TX 78752**  
**512-454-8180**

**My Life Is My Message!**

.... Ghandhi

Do you want to know about:

- How you really feel about life?
- Your real thoughts & feelings?
- Your real attitudes & reactions?

Look at your life. That is your message to the world & the Good News is, **All that can be Changed BY YOU!**

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## The Four Freedoms

In future days, we look forward to a world founded upon **Four Essential Human Freedoms:**

- 1. Freedom of Speech & Expression** - *World Wide.*
- 2. Freedom to Worship God in his/her own way** - *World Wide.*
- 3. Freedom From Want** - Meaning economic

I couldn't have done it without ADAAP!



## WHAT'S GOING ON AT ADAAP

July, 2017 » October, 2017

### ONGOING PROGRAMS

#### IOP 6 WEEKS (10 HRS/WEEK)

DAYS M, Tu, W 9:30 am-1:00 pm  
NIGHTS Tu, W, Th 6:00 pm-9:30 pm  
WEEKENDS Sat & Sun 9:00 am-2:00 pm

#### RIOP – 8 WEEKS

#### AFTERCARE (1 HR/SESSION)

Wed 10:30am, Thu 6:00pm & Sat Noon

#### INTAKES

Monday - Friday 10:00 am - 4:00 pm  
(weekends as needed)

#### DRUG & ALCOHOL URINALYSIS

Current Clients \$50.00

#### DOT Drug & Alcohol Assessment

Monday - Friday 9:30 am - 4:00 pm  
(Or by appointment)

### UPCOMING CLASS

#### SCHEDULES

#### DWI (12 HR) 1ST TIME OFFENDERS

\$70 Nicki Davey 512-422-1370 ([Austin.Education.Services.com](http://Austin.Education.Services.com))

#### WEEKEND 07/14 - 07/16/2017

Friday, 07/14/17	6:30pm - 10:30pm
<i>* Arrive by 6 15pm for paperwork</i>	
Saturday, 07/15/17	2:00pm - 6:00pm
Sunday, 07/16/17	2:00pm - 6:30pm

#### WEEKEND 07/21 - 07/23/2017

Friday, 07/21/17	6:30pm - 10:30pm
<i>* Arrive by 6 15pm for paperwork</i>	
Saturday, 07/22/17	2:00pm - 6:00pm
Sunday, 07/23/17	2:00pm - 6:30pm

#### WEEK-DAY (AM) 07/25 - 07/27/2017

Monday, 07/25/17	10:00am - 2:00pm
<i>* Arrive by 9 45am for paperwork</i>	
Tuesday, 07/26/17	10:00am - 2:00pm
Wednesday, 07/27/17	10:00am - 2:30pm

#### DOEP (Drug Offender Education Program)

understanding which will secure to every nation a healthy peacetime life, for its inhabitants **World Wide**.

**4. Freedom From Fear** - Meaning a worldwide reduction of armaments to such a point & in such a fashion that no nation will be in a position to commit an act of physical aggression against any neighbor **World Wide**.

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## The New Four Freedoms

### 1. Freedom From Addictions

*I affirm with confidence that the Living Presence of God expresses through me without dependence upon anything unhealthy, any unhealthy situation, or any unhealthy relationship. I allow the wisdom of God to guide me in choosing my diet, my lifestyle, & my behavior, & I know that my choices support me in living a balanced life.*

**» I AM TOTALLY FREE FROM ADDICTIONS!**

### 2. Freedom From Lack

*The Infinite Spirit of God flows through me unobstructed to supply me abundantly with my needs. I let go of any concepts or attitudes that limit my acceptance of the Universe's good. I am opulently prospered.*

**» GOD IS THE SOURCE OF MY SUPPLY!**

### 3. Freedom From Stress

*Knowing that I am created in the image of God, I claim my ongoing ability to express life in poise & confidence whether at work, at home, or at play. I am fully aware that I am supported by Life, so I choose to relax in the work that I do & in all of my interactions with others.*

**» I AM FULLY RELAXED. I TRUST IN GOD!**

### 4. Freedom From Loneliness

*I celebrate my connectedness to all of Life as I accept that good friends are drawn to me easily. I am free to enjoy life because I know that I am able & capable, & my joy attracts trustworthy companions into my experience.*

**» I HAVE BEAUTIFUL RELATIONSHIPS WITH OTHERS!**

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## I've Gotta Be Me!

Whether I'm right or whether I'm wrong  
Whether I find a place in this world or never belong  
I've gotta be me! I've gotta be me! What else can I be but what I am?

I want to live! not merely survive!

**ADAP** 15 Hours - \$90

July 3rd - 10th	Mon, Wed-Friday + Monday 6:00 - 9:00pm	
July 10th - 14th	Mon-Friday 6:00 - 9:00pm	
August 2nd - 8th	Wed-Friday + Mon-Tuesday 6:00 - 9:00pm	
August 21st - 25th	Mon-Friday 6:00 - 9:00pm	

**DIN (DWI Intervention Program)**

**ADAP** 32 hrs (8 Weeks) - \$200

July 11th - August 31st, 2017	Tuesdays & Thursdays 1:00 - 3:00pm
August 28th - October 23rd, 2017	Mondays & Wednesdays 6:00 - 8:00pm
<i>* Class Maximum 15</i>	

And I won't give up this dream of life that keeps me alive!  
 I've gotta be me! I've gotta be me!  
 The dream that I see makes me what I am!  
 That far away prize, a world of success; it's waiting for me if  
 I heed the call.  
 I won't settle down, or settle for less.  
 As long as there's half a chance that I can have it all!  
 I'll go it alone; that's how it must be.  
**I can't be right for somebody else if I'm not right for me!**  
 I've gotta be free! I've gotta be free!  
 Daring to try to do it or die. ***I've Gotta Be Me!***

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## My Personal Declaration of Independence

When in the course of human events, it becomes necessary for a person to dissolve the bonds & enmeshments that have been binding & blocking, & to assume dominion over his/her life, regardless of the opinions & beliefs of other people, it becomes necessary that said person draw up a Declaration of Independence as follows:

I, \_\_\_\_\_, on this fourth day of July, in the year of our Lord, 2017, do hereby declare & announce before God & my fellow human beings, that I unequivocally & irrevocably assume responsibility for & dominion over my life, my experiences & my feelings. I also acknowledge that God through me creates my own reality, & that which I create that does not please me, can be re-created by my own volition.

I hereby declare that I am a free & independent person, free to think my own thoughts, to feel my own feelings, & dream my own dreams.

I am the master/mistress of my fate. I am the captain of my soul.

Signed \_\_\_\_\_

Date \_\_\_\_\_

**[Click Here To Get Started](#)**

***Never forget you are an amazing, powerful, brilliant, awesome, unique Divine creation! There is no one else like you or ever has been like you in all of history! Now go forth & spread the Love of God today!***

***HAVE A RECOVERY-FILLED (& THANKFUL) DAY!!***