



AUSTIN DRUG & ALCOHOL ABUSE PROGRAM, INC

WEBSITE PROGRAMS ARTICLES REVIEWS INFO APPOINTMENTS CONTACT

ADAAP Newsletter August, 2018



### WHAT'S GOING ON AT ADAAP

August » November, 2018

#### ONGOING PROGRAMS

##### IOP 6 WEEKS (10 HRS/WEEK)

DAYS M, Tu, W 9:30 am-1:00 pm
NIGHTS Tu, W, Th 6:00 pm-9:30 pm
WEEKENDS Sat & Sun 9:00 am-2:00 pm

##### RIOP - 8 WEEKS

##### AFTERCARE (1 HR/SESSION)

Wed 10:30am, Thu 6:00pm & Sat Noon

##### INTAKES

Monday - Friday 10:00 am - 4:00 pm
(weekends as needed)

##### DRUG & ALCOHOL URINALYSIS

Current Clients \$50.00

##### DOT Drug & Alcohol Assessment

Monday - Friday 9:30 am - 4:00 pm
(Or by appointment)

#### UPCOMING CLASS SCHEDULES

##### DWI (12 HR) 1ST TIME OFFENDERS \$70

Supervised by Nicki Davey Since 2002
512-422-1370 or Austin Education Services.com

##### WEEKEND 08/17 - 08/19/2018

Table with 2 columns: Date, Time. Includes Friday 08/17/18 (6:30pm - 10:30pm) and Saturday 08/18/18 (2:00pm - 6:00pm).

##### WEEKEND 08/24 - 08/26/2018

Table with 2 columns: Date, Time. Includes Friday 08/24/18 (6:30pm - 10:30pm) and Saturday 08/25/18 (2:00pm - 6:00pm).

##### WEEKEND 09/07 - 09/09/2018

Table with 2 columns: Date, Time. Includes Friday 09/07/18 (6:30pm - 10:30pm) and Saturday 09/08/18 (2:00pm - 6:00pm).

##### WEEKEND 09/21 - 09/23/2018

Table with 2 columns: Date, Time. Includes Friday 09/21/18 (6:30pm - 10:30pm)



ADAAP
7801 North Lamar
Bldg D #109
Austin, TX 78752
512-454-8180



### Thank You Heroin!

While teaching a class at the Rehab, I asked them to write a thank-you note to a yucky thing that happened in your life, & what they'd learned, or gained from it.

It didn't have to be a huge event, I explained, just an event holding something of personal significance. I illustrated my point, by telling them about Dougy, a 6-year old who attended one of my workshops in Florida. He wrote: "Dear throw-up! It was so yucky when I did it last night. Thank you for fixing me. Love, Dougy."

From the back of the room, a young man hollered, "That's the stupidest thing I've ever heard!" Fifteen minutes later, the angry young man came up from the back of the room & threw a one-inch square piece of folded paper onto my lap. "Read it later," he said, as he stormed out of the room, slamming the door. That night I opened the paper & this is what it said.

"Dear Heroin Addiction, Thank you for all of the pain you killed inside me. You came into my life when I was unable to deal with my emotional pain. You worked so well, & for such a long time, I thought I loved you.

One day, your magic stopped working, & when I tried using more of you, you nearly killed me. You were showing me very clearly that it was time for a change. I had to find a way to deal with my emotional pain without you. I was scared to be alone. I had to find a Power greater than you.

It was a long hard climb out of my addiction to you, but I have made it. Today my Greater Power is a Loving God who always takes care of me, as He always had. So Thank you & Goodbye, heroin. I don't hate or fear you any longer."

And so I say to you, Noble Reader... Wanna try it?



♪ Falling out of love is like losing weight.

♪ It's easier putting it on

♪ than taking it off.  
 ♪ ...Aretha Franklin

* Arrive by 6:15pm for paperwork	
Saturday, 09/22/18	2:00pm - 6:00pm
Sunday, 09/23/18	2:00pm - 6:30pm

**WEEKEND 10/12 - 10/14/2018**

Friday, 10/12/18	6:30pm - 10:30pm
* Arrive by 6:15pm for paperwork	
Saturday, 10/13/18	2:00pm - 6:00pm
Sunday, 10/14/18	2:00pm - 6:30pm

**WEEKEND 10/26 - 10/28/2018**

Friday, 10/26/18	6:30pm - 10:30pm
* Arrive by 6:15pm for paperwork	
Saturday, 10/27/18	2:00pm - 6:00pm
Sunday, 10/28/18	2:00pm - 6:30pm

**Drug Offender Education Program**

**ADAAP 15 Hour DOEP \$90**

August 6th » 10th	Mon-Friday 6:00 - 9:00pm	
August 20th » 24th	Mon-Friday 6:00 - 9:00pm	
September 17th » 21st	Mon-Friday 11:00am - 2:00pm	
September 17th » 21st	Mon-Friday 6:00 - 9:00pm	
September 24th » 28th	Mon-Friday 11:00am - 2:00pm	
September 24th » 28th	Mon-Friday 6:00 - 9:00pm	

**DWI Intervention Program**

**ADAAP 8 Week DIN (32 hrs) \$200**

August 7th » September 27th, 2018	Tuesdays & Thursdays 3:00 - 5:00pm
★ Class Maximum: 15	
September 10th » October 31st, 2018	Mondays & Wednesdays 1:00 - 3:00pm
★ Class Maximum: 15	
October 1st » November 21st, 2018	Mondays & Wednesdays 3:00 - 5:00pm
★ Class Maximum: 15	

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**The Elephant Rope**

While passing by a herd of elephants, a man suddenly stopped, dumbfounded by how these huge creatures were bound so closely together. There were no chains or cages, only small ropes between the massive front legs. It seemed obvious the elephants could, at any time, break their bonds, but for some reason, they did not. Why didn't the elephants use their strength to snap the ropes & make their escape? They could easily have done so, but instead, they didn't try to at all.

When he asked a nearby trainer why the animals made no attempt to get away, he was told, "When elephants are very young, we use the same size rope to tie them. At that age, they're much smaller & the rope is enough to hold them. As they grow older & larger, they become conditioned to believe they cannot break the rope, so they never try to scarp free."

The only reason that the elephants weren't breaking free & escaping from the camp was that over time they adopted the belief that it just wasn't possible. How many of us are being held back by old, outdated beliefs that no longer serve us? How many of us have avoided trying something new because of a limiting belief? Worse, how many of us are being held back by someone else's limiting beliefs? Whatever you can conceive & believe, you can achieve!

**REFUSE TO ACCEPT FALSE BOUNDARIES & LIMITATIONS CREATED BY THE PAST.**

**From this moment on, I \_\_\_\_\_ (insert your name), promise to never, ever settle for anything less than absolutely everything!!!**

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- ♥ Be good to yourself.
- ♥ Love with your whole being.
- ♥ Always be happy.

**HAVE A RECOVERY-FILLED (& THANKFUL) DAY!!**

[Click Here To Get Started](#)

**Never forget you are an amazing, powerful, brilliant, awesome, unique Divine creation! There is no one else like you or ever has been like you in all of history! Now go forth & spread the Love of God today!**

